



Grace Notes

HELPING OUR NEIGHBORS IN NEED

I Don't Think I'd Be Here...

Thanks to St. Vincent de Paul, Scott overcame heart failure and a life-altering diabetes diagnosis that shook his world overnight.

Imagine your life flipped upside-down in an instant. A nightmare scenario unfolded a couple years ago for Scott, a father of three and store manager for more than 20 years at an auto parts retail chain in Madison.

While at work, Scott suddenly fell ill and collapsed on his desk in a pool of sweat. Confused and frightened, Scott required a stent in his heart artery after discovering he had congestive heart failure.

"I was better at first, but then I was sleeping over 20 hours a day shortly after receiving my stent and was missing time with my kids and my family," recalled Scott. "Apparently, the main heart blockages came from diabetes. I was then officially diagnosed and started on my heavy dosage of insulin."

Insurance helped to pay for the extremely expensive insulin. But there was a problem. His coverage was running out,... quickly.

"It was nearly impossible to find new insurance, and I had to take smaller insulin dosages just to make it last longer," remembered Scott. "My insulin dosage was higher than most, so there was no way I could afford to pay for insurance coverage. But I made too much money through my new disability payments that I didn't qualify for free insulin."

"I was caught in the middle, and it was heartbreaking and frustrating."

Thanks to a referral, Scott discovered St. Vincent de Paul.

"When I needed it most, it just felt like no one wanted to or could help," said Scott. "The staff and volunteers at St. Vincent de Paul saved my life and cared for me. I no longer have to choose between our rent, my insulin and food for my kids. It would have been difficult for me because my kids always come first."

"I don't think I'd be here if not for St. Vincent de Paul."

Along with using the food pantry and free pharmacy, Scott benefits from the monthly Diabetes Wellness



Scott requires a high dose of expensive insulin because of his diabetes. Thanks to St. Vincent de Paul, he is able to receive free insulin so he can continue to care for his family.

program that provides a box filled with healthy, diabetes-friendly food, recipes and educational tips.

Last year, the food pantry helped over 60,000 clients and the pharmacy supplied over 388 patients with nearly 10,000 prescriptions. Clients must have income 185% of the federal poverty level or below to use food pantry (200% level and uninsured to use pharmacy).

"Before all this, I had dreams and goals to take my kids to Disneyland and to someday have a cabin up north because I love fishing," reflected Scott. "Those dreams have been put on hold, but I'm grateful to be here now with my kids. As long as I have my family and fishing,... there's a never a bad day out on the lake."



33% of our pharmacy's patients (142 of 429) have diabetes

\$500 Potential cost of supply of insulin for 4-6 weeks

We are better together!

Community partners bring grace, ideas, compassion to St. Vincent de Paul



UW School of Pharmacy

Who: UW-Madison School of Pharmacy PharmD students
Health Helpers: The UW students are incredibly helpful assisting our two paid staff by filling prescriptions, educating clients on their health and learning how to provide care for those in need.

CUNA Mutual

Who: Energetic, helpful CUNA Mutual employees
Clean Machines: For the last couple years, the super squad has deep cleaned our entire food pantry. They aren't afraid to roll up their sleeves and get dirty to keep our food pantry clean for the 60,000+ who need it each year.

Edgewood College

Who: Nursing professor Chris Bell, DNP, PHNA-BC, RN and her nursing students
Food Fighters: Students interact directly with shoppers, host them through the pantry, create healthy recipes, and gain knowledge about public health and those in need. Students present public health project at end of semester.

"St. Vincent de Paul provides incredible resources for people in our community. They are such a wonderful partner and I feel fortunate to give our students this experience."

-Chris Bell, DNP, PHNA-BC, RN Edgewood College

Aprilaire

Who: Aprilaire employees
All-Around Awesome: Aprilaire has supported St. Vincent de Paul by giving grants for Pack 'n Play cribs, sponsoring our Care Café fundraising breakfast, and volunteering monthly in the food pantry. They do it all!

UW Badger Volunteers

Who: Student volunteers from the UW who take part in semester-long volunteer program
Volunteer veterans: These bright green Badgers host clients in our food pantry and also assist in our free pharmacy. Their shirts are as bright as their smiles!

Don't love taxes? Pay less, help more using this method

Heather saved on taxes, increased charitable giving, thanks to IRA Charitable Rollover

Are you at least 70-½ years old and looking for an easy, convenient way to support St. Vincent de Paul while saving money on taxes? The answer lies in your IRA account and is called an IRA Charitable Rollover.

What is an IRA Charitable Rollover?

- Direct transfer of funds from traditional IRA trustee to qualified 501(c)(3) such as St. Vincent de Paul Madison
- Eligible if you are 70-½ or older
- Gifts count toward required minimum distribution (RMD), the amount of money you must withdraw from IRA every year
- Your gift would not be treated as taxable income
- Allows you to contribute to favorite charity, such as St. Vincent de Paul, while saving money by avoiding part of income tax

Heather, a longtime donor and volunteer at St. Vincent de Paul, **recently found out about the IRA Charitable Rollover through her financial advisor.** She made the easy decision to make an IRA charitable rollover and was able to significantly increase the annual amount she was giving to St. Vincent de Paul as a result.



Heather volunteering

“An IRA rollover is a blessing, I saved money by paying fewer taxes on my income and gave that money instead to support our community through St. Vincent de Paul.”

-Heather, longtime supporter

Information you and your financial advisor need to know to get started
Legal name: District Council of Madison, Inc., Society of St. Vincent de Paul
Tax ID: 39-0824876, **Mailing address:** PO Box 259686, Madison, WI 53725

Say hi to Katie Crawley! St. Vincent de Paul board member



Katie has been a St. Vincent de Paul home visit volunteer for more than 15 years. Professionally, a longtime City of Madison Deputy Mayor, she brings her unique experiences as one of the newest St. Vincent de Paul board members.

“For me, being a part of St. Vincent de Paul is truly powerful and makes as much of a difference in my life as it does for those in need. Our efforts are heartfelt and the appreciation from those in need is heartfelt. I’ll continue to support St. Vincent de Paul as long as I can.”

Thanks to You, We Recycled the Warmth!

THANK YOU to our donors and sponsors for another successful Recycle the Warmth Blanket Drive on January 24-26!

We collected & bought **SEVERAL THOUSAND** blankets that will be distributed to our neighbors in need throughout the year.

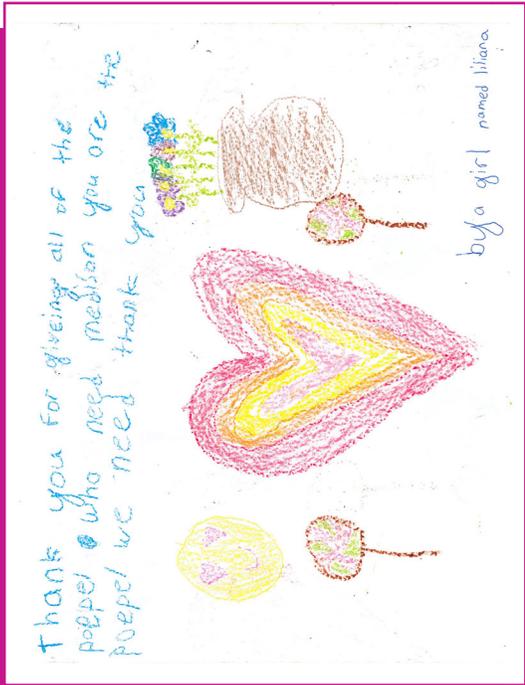




District Council of Madison, Inc.
Society of St. Vincent de Paul
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svdpmadison.org 
608-442-7200

Address Service Requested



Generous gifts = grateful hearts

Please join us as a
Care Cafe 2020
Table Captain or Sponsor.

Tuesday, May 5, at 7:30 am
at the Alliant Energy Center in Madison



**Interested in becoming a
Table Captain or Sponsor?**

Contact Nancy Hansis
608-442-7200 x405
nhansis@svdpmadison.org

**Keynote Speaker:
Bishop Donald Hying**



“St. Vincent de Paul is focused on the niche of specific needs that are important to our community and does so by collaborating with others. It blends practicality, spirituality, is **uplifting** and fills in the gaps. SVdP is moving out from charitable work and provides systematic help that can change lives in the long term. **Very impressive.**”

-Bishop Donald Hying